

Triple Heat Dance 2019/20 Schedule - *Updated April 8*

| Monday | | | | Tuesday | | | | Wednesday | | | | Thursday | | | | Friday | | |
|--------------------|----------------|---------------|------------------|-----------------------|--------------------|--------------------|----------------|------------------------|---------------------|------------------|------------------------|----------------------|-----------------|------------------|-----------------------|----------------------|----------------------|------------|
| 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 4 | |
| | 3:00 - 3:30 | | | 3:00-3:30pm | | | | | | | | | | | | | | |
| | LF-J1 3-4 | | | LF-B1 3-4 | 3:15 - 4:15 | | | | | | | | | | | | | |
| 3:30-4:30pm | 3:30-4:45pm | | 3:30-4:15pm | 3:30-4:30pm | JH1 (G) | | 3:30-4:30pm | 3:30-4:15pm | 3:30-4:30pm | 3:30-4:30pm | | | | | | | 3:30-4:30pm | |
| Gr 2/3A | JJ1 (ITP) | | LF-HH 5-7 | Gr2B RAD | Jr. Street 7-9 | | JJ2 (G) | LF-B2 4-6 | JT2 (G/ITP) | JM2 (ITP) | RAD Exam Ballet 10-11 | Jr. Mus. Th. 9-11 | | | | Gr1B | 3:30-4:15pm | |
| Perf. Ballet 9-11 | Jr. Jazz 6 - 8 | | w/ Livea | Exam Ballet 9-10 | w/AJ | | Jr. Jazz 9-11 | w/ Keni | Jr. Tap 7-9 | Jr. Cont. 9-11 | w/ Michelle | w/ Tamara | | | | RAD Ballet 6-8 | LF-J2 4-6 | |
| w/Michelle | | | | w/ Michelle | 4:15 - 5:30pm | | w/ Livea | | w/ Sandra | w/ Chrissy | 4:15-5:30pm | 4:15-5:15pm | 4:15-5:15pm | | | w/ Keni | w/ Keni | |
| | w/Tamara | 4:30-5:30pm | 4:30-5:30pm | 4:30-5:30pm | IH2/SH2 (ITP) | | 4:30-5:45pm | 4:30-5:30pm | 4:30-5:15pm | 4:30-5:30pm | INTA / P2 | JMT1 (G) | JT1 (G) | 4:30-5:30pm | LF-PB 5-6 | 4:30-5:30pm | 4:45-5:45pm | |
| 4:45-5:45pm | 4:45-5:45pm | Acro 1 | Lyr2 (ITP) | JB2 (G) | Int./Sr. Mega Crew | | JJ3 (ITP) | J-PBT | LF-Tap 4-6 | Lyr 3 (G/ITP) | RAD Int. Exam Ballet | Jr. Mus. Th. 7-10 | Jr. Tap 6-9 | JH2 (ITP) | w/ Jillian | JB1 (G) | IJTech | |
| Gr1A | IMT2 (ITP) | Ages 5-7 | Jr. Lyrical 9-11 | Jr. Ballet 9-11 | Ages 12+ | | Jr. Jazz 9-11 | Prog. Ballet Tech 8-11 | w/ Sandra | Int. Lyrical 11+ | w/ Michelle | w/ Tamara | w/ Sandra | Jr. Street. 9-11 | 5:00-6:00pm | Jr. Ballet 7-10 | Int. Jazz Tech 12-14 | |
| Perf. Ballet 6-8 | Mus. Th. 12-14 | w/ Tea & Kyra | w/ Livea | w/ Michelle | w/AJ | | | w/ Jilian | | w/ Chrissy | | | | 5:15-6:00pm | w/ Livea | SPB | w/ Keni | w/ Chrissy |
| w/ Michelle | w/Tamara | | | 5:30-6:15 | | | w/ Livea | 5:30-6:30pm | 5:30-6:30pm | 5:30-6:30pm | 5:30-6:45pm | | | LF-MT 4-6 | 5:30-6:45pm | Sr. Perf. Ballet 13+ | 5:30-6:30pm | |
| 5:45-6:45pm | 5:45-6:45pm | | 5:45-7:00pm | P1 Pointe 11+ | 5:45-6:45pm | 5:45-6:30pm | 5:45-7:15 | IB1 (G) | IT1 (G/ITP) | Lyr 5 (ITP) | IFB | 5:45-6:45pm | w/ Tamara | SM2 (ITP) | w/ Jillian | Lyr 1 (G) | | |
| IFA | SMT1 (ITP) | | Acro 2 | w/ Michelle | JH3 (G) | PP Pre. Pointe 10+ | SJ3 (ITP) | Int. Ballet 11+ | Int. Tap 11-13 | Adv. Lyrical 14+ | RAD IF Exam Ballet | YS/JT3 (ITP) | | Adv. Cont 14+ | 6:00-7:30pm | Jr. Lyr. 8-11 | 6:00-7:15pm | |
| Perf. Ballet 12-14 | Mus. Th. 14+ | | Ages 8-11 | | Jr. Street 10-12 | w/Jillian | Adv. Jazz 14+ | w/ Jilian | w/ Sandra | w/ Chrissy | ages 12-14 | AIDT YS Tap 9-10 | | | IM2 (ITP) | w/ Keni | SJ2 (ITP) | |
| w/ Michelle | w/Tamara | | | 6:30-7:30pm | w/AJ | | | 6:30-7:30pm | 6:30-7:30pm | | w/ Michelle | w/ Sandra | 6:30-7:30pm | w/ Livea | Int. Cont & Mod. Tech | | Sr. Jazz 12-15 | |
| 6:45-7:45pm | | | w/ Tea & Kyra | I-PBT | 6:45 - 7:45 | | | S-PBT | IT/Tech | 6:45-7:45pm | | 6:45-7:45pm | *NEW* TFL | 6:45-7:45pm | Ages 12-14 | | | |
| APB 14+ | 7:00-8:00pm | | 7:00-8:15pm | Prog. Ballet Tech 11+ | BHH (G/ITP) | | w/ Livea | Prog. Ballet Tech 13+ | Int. AIDT Tap 11-14 | IJ1 (G) | 7:00-8:00pm | ST/Perf | Teen Flamenco | IJ2 (ITP) | | | w/ Chrissy | |
| Adv. Perf. Ballet | IMT1 (G) | | Acro 3 | w/ Jillian | Boys Crew 10-14 | | | w/ Jilian | w/ Sandra | Int. Jazz 11+ | Adult Ballet/Tap | Adv. Perf. Tap 14+ | w/Tomomi | Int. Jazz 12-14 | w/ Jillian | | | |
| w/ Michelle | Mus. Th. 11-13 | | Ages 12+ | 7:30-8:30pm | w/AJ | | 7:30 - 8:30pm | 7:30-8:30pm | 7:30-8:30pm | w/ Chrissy | Ages 16+ (AB/T course) | w/ Cody | 7:30-9:00pm | w/ Livea | | | | |
| 7:45-8:30pm | w/Tamara | | w/ Tea & Kyra | SMTech | 7:45-8:45pm | | Lyr4 (ITP) | Adult Cont. | ST/GL | | w/ Michelle & Sandra | 7:45-8:45pm | Flamenco | | | | | |
| P3 Adv. Pointe | | | | Mod. Tech. 14+ | IH1/SH1 (G) | | Int. Lyr 12-14 | Ages 16+ (course) | AIDT Tap 14+ | | | IT/Perf | (Studio Rental) | | | | | |
| w/ Michelle | | | | w/Jillian | Int. Street 12+ | | w/ Livea | w/ Jilian | w/ Sandra | | | Int. Perf. Tap 11-14 | | | | | | |
| | | | | w/AJ | | | | | | | | w/ Cody | w/Tomomi | | | | | |